

MEDICAL HEALTH CAMP REPORT
AT
YANAMADALA VILLAGE
ON
MARCH 08, 2020



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ACKNOWLEDGMENT

The Medical Health Camp was organized on March 08, 2020 by the Department of Pharmacy Practice with support and collaboration of NSS Unit, Chebrolu Hanumaiah Institute of Pharmaceutical Sciences, Chandramoulipuram, Chowdavaram, Guntur.

We offer our sincere thanks and appreciation to Dr. R.Srinivas Garu, President, NES& CHIPS for their support. We also thank Dr. C.N Srinivas Garu, Secretary, CHIPS, and all the Governing body members of CHIPS for their active participation and support in organizing the Camp.

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INTRODUCTION

The Nagarjuna Education Society(NES) had taken its birth with the social objective of providing educational opportunities to the rural youth who had been migrating to the towns in pursuit of education. The concept gained momentum and the Nagarjuna Education Society was established and registered on 27th December, 1967 (No.56 of 1967) under Societies Act XXI of 1860 with the following objectives, incorporated in the memorandum of articles.

The enthusiasm, spirit of service and the pursuit of objectives have been sustained for the last forty years by a succession of members. Power struggles to get hold of the society, crises of management, interference in the administration and dominance of individuals in the society's affairs were totally absent in its history.

Quality of instruction through student-centered teaching, updating the teacher-capability and qualifications, exploiting the student talent, developing personality and citizenship in students are the guiding principles in running the institutions. Seminars, Workshops for teachers/students are regularly held to diffuse knowledge beyond the curriculum

Chebrolu Hanumaiah Institute of Pharmaceutical Sciences (CHIPS) was established in the year 2005.CHIPS thus inherited the legacy of NES and had grown as one of the best Pharmaceutical Institutions in India by providing exceptional infrastructural facilities and human resources, which are ahead than the requirements stipulated by various statutory bodies. Today, it offers several

UG & PG Courses in the field of Pharmaceutical Sciences like B.Pharmacy, Pharm. D & M. Pharmacy with several specializations. Discipline, quality teaching and eminent administration are traditional strengths of NES and thus CHIPS acclaimed by securing excellent results and bagging several top ranks.

CHIPS have always been keen in serving and giving back to the community by volunteering their time, effort and expertise. As a part of a social responsibility, CHIPS with assistance of its support partners therefore organized a health camp. The main objective of the health camp was to provide free healthcare and health information to the community as well as to identify their common problems and find ways to address them. The free health camp was majorly focused on but not limited to disadvantaged groups, women, senior citizens and children. Free health checkup, counseling and medicine were provided for patients of general medicine, general surgery, pediatrics, urology and gynecology.

BACKGROUND OF THE VILLAGE:

Yanamadala village falls under the health zone of Prathipadu. The total geographical area of village is 2469 hectares. Interiorly located about 1.3km's away from the High way access road. Ninety five percent (95%) population are agriculture workers. Two thousand and three twenty three (2010) houses scattered over an area of about 1.5 km's with a population of around 7479. Health facility (sub centre Prathipadu) is 1.5 km's away from the centre of village. One ICDS centre, one government primary and secondary school is available. Overcrowding and close proximity with cattle favors' spread of communicable disease notably RTI / skin diseases and Diarrhea. Guntur is nearest town to Yanamadala which is approximately 17km away.

Camp site: Government primary school, Yanamadala.

Villages covered: Yanamadala and Edulapalem (Total households=2323+192, Total pop=8479+690)

Pre-camp activity (24th February to 5th March 2020)

- Medicines were purchased, segregated accordingly on 29th of March 2020.
- On 25th of February, 2020 the matter was discussed with Village President and Panchayat members. They extended their full support.

Health camp was scheduled on 08th of March 2020. Official correspondence carried out on 28th February 2020.

- 30th of February 2020 team for Health camp was framed and shared among all committee members.
- Date and time communicated to all Doctors and Village sarpanch and Panchayat members.

PUBLICITY AND ADVERTISEMENT:

Various means of publicity and advertisement used as mentioned below;

1. Awareness walk was conducted in the village
2. Pamphlets distribution in public places
3. Banners displayed in prominent areas in the villages.
4. Mobile announcement publicity carried out for those who cannot read newspaper, banner or pamphlet in all surrounding areas



Yanamadala Village Map

MEDICAL CAMP PROGRAM

The Medical Camp was held on March 08, 2020 at Yanamadala Village. The Camp was organized by Department of Pharmacy Practice and NSS unit Chebrolu Hanumaiah Institute of Pharmaceutical Sciences.

Methodology

There were a formal meeting between the core committee of the medical camp and the village sarpanch and panchayat members and discussed about conducting and indicating the plan. The villagers were explained the objective of the Camp and were instructed to bring their previous medical records for the follow-up treatment.

The Camp commenced at 8:30 AM. Dr R. Srinivas President NES & CHIPS inaugurated the camp. The camp was divided into individual sections for general registration, vital screening such as Blood Pressure, Pulse Rate, Body Temperature and BMI, Diagnostic test evaluation such as Random blood glucose, hemoglobin and ECG, after that visiting consultants and medicine distribution and counseling according to which the patients were directed. The patients were allotted serial numbers on first come first serve basis. The doctors examined the patients on the basis of this serial number. Volunteers were well mobilized for guiding the patients and managing the line.

The residents of Yanamadala village had been intimidated in advance regarding this follow-on check-up. They had also been instructed to bring their previous medical reports. From a total of 400 patients, there were 79 patients who were previously diagnosed with diabetes and blood sugar.

The doctors examined the patients in light of their previous reports. There were 87 patients who had been examined for diabetes and blood pressure for the first time. The medical details were recorded in the screening form with the follow-up advice.

Most the patients suffered from cough/cold, gastric troubles, weakness and arthralgia. The doctors advised precautions, exercises, and prescribed medication for the same.

Recommendation

After examination of the patients, the doctors were of the opinion that the villagers were facing such ailments due lack of awareness and physical activities. It was, therefore, recommended by the doctors that villagers should gain health care awareness and be exposed to more physical activities. The doctors suggested them to increase intake of edible that contain minerals, vitamins, and fibers like fresh fruits, vegetables and avoid milk products that are high on fat, for example, butter, ghee, cheese, etc. The doctors also noted that most of the male patients consumed liquor and tobacco products. So, doctors informed the patients of the effects of tobacco and liquor on the body and how these substances affect the metabolism. The patients were advised to stop its consumption immediately. The Camp finally concluded at 4:00 PM.

SOCIAL IMPACT:

The effect of this activity on the social fabric of the community and well-being of the individuals and families is irrefutably very high. Beneficiaries of this free medical camp are not merely limited to Yanamadala Village, a large number of populations from surrounding villages and patients from other adjoining areas benefited from this CSR Event.